Award Winning Workplace Equality, Diversity, and Disability Training and Consultancy

www.signs4life.co.uk
Over the past 18months award-winning Signs4Life have provided top quality training in and around Equality, Diversity, Disability and Deaf issues. We have an added expertise in learning disabilities.

We have an enviable client base including Councils, Charities, NHS staff, Care Homes, Retailers, Housing Associations, Royal Mail, Schools, Libraries and Museums.

The company has grown to become one of the most innovative and recognised names in equality and diversity training in the UK.
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Message from Fozia Parveen, Founder and Director of Signs4Life

Signs4Life is leading efforts towards a society in which deaf and disabled people have full access and are working hard to raise the public and political awareness of disability provision.

You never know when you will come into contact with a client, colleague or member of the public who is autistic, deaf or visually impaired. We have worked with organizations as varied as The British Red Cross, scouts groups, schools and hospitals.

Each of our workshops help you to comply with the Disability Discrimination Act and encourage a ‘can do’ approach to the 12 million people in the UK who have a physical, sensory or learning disability. All of our tutors are fully qualified and skilled with many years of experience working in the public, private and voluntary sectors. All of our sessions are highly interactive and are designed specifically so that participants can learn themes and ideas quickly but memorably.
Awards, Memberships & Accreditations

- Positive About Disabled People
- Bicester Business Awards 2010
- Signature
- Modern Muse
- navca - local focus national voice
- Oxfam
  Celebrating women
  Celebrating the achievements of inspiring women from across the Midlands in honour of the 100th anniversary of International Women’s Day.
- Shell LiveWIRE
  Grand Ideas Award Winner 2010
- Moaw
- Network of Aspiring Women
Some of our Clients

Our large client base includes hospitals, charities, libraries, museums, schools, colleges and universities, theatres, councils, PCTs, care homes, housing associations, police and ambulance authorities.

Our Clients Include:

York Railway Museum
Joseph Rowntree Care Homes
Wisbech Hospital
NHS Cambridgeshire
University of Bradford
Derby Ambulance Service
Aberdeen College
Warwick County Council
Yorkhill Children's Hospital
Peasholme Charity
Leeds Art College

Leonard Cheshire Disability
Suffolk County Library
Anchor Trust Care Homes
Avon Fire
British Museum
Voluntary Norfolk
NHS Islington
Mencap
Whitby Cadets
Brighton & Hove Police
Norfolk Mental Health Trust

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Over the past 18 months Signs4Life have provided top quality training in and around Equality, Diversity, Disability and Deaf issues. We have an enviable client base including Councils, Charities, NHS staff, Care Homes, Retailers, Housing Associations, Royal Mail, Schools, Libraries, Museums and many others.

Do you have training requirements around:

- British Sign Language
- Deaf Awareness
- Deafblind Awareness
- Makaton
- Baby Signing
- Equality and Diversity
- Disability, Equality & Awareness
- Visual Impairment Awareness
- Understanding Aspergers Syndrome, Down’s Syndrome, Dyslexia and Autism
- Mental Health Awareness
We come to you

All of our courses can be delivered in-house. We can tailor our course to your needs. Full and half day options are available.

You come to us

We offer several open courses throughout the UK. All details of these are on our website.

Hand-outs and certificates are included on all of our courses

- We typically teach to groups of up to 20 people
- Bespoke Services are available. Please contact us with your requirements

“We had two sessions for learning support staff at the college and Christine was fantastic. After both sessions on Equality and Diversity in the morning and Disability Awareness in the afternoon, our learning support staff felt they could better meet the needs of all of our students.”

Maureen Beale, Sparsholt College, Hampshire
Course Objectives

- Exploring different areas of disability, learning difficulties, blind and partially sighted, mobility, mental health and hearing impairment
- Identifying disabilities
- Seeking ways to remove barriers and introducing best practices
- Encourage inclusiveness and a ‘can do’ attitude to ensure an equal service is provided for people of all disabilities
- Helping organisations comply with the latest disability legislation
- An opportunity for participants to partake in debates and ask questions around disability

“Fantastic session with Charlie yesterday, it was a really good day and the team really enjoyed the training”

Ben Haller, National Media Museum, Bradford
Equality & Diversity

Course Objectives

- Introducing diversity
- Promoting diversity
- Challenging inequality
- Equality for disabled people
- Cultural awareness, race and religion
- Sexual Orientation
- Pregnancy and Maternity
- Marriage and Civil Partnership
- Age discrimination
- Sex discrimination
- Interactive session with quizzes, role-plays and group discussions

“The session was fantastic, and all the team thoroughly enjoyed it and got so much out of it, they all agree that Fiona was great with them, and kept it fun and interesting throughout”

Helen Shaw, Butlins, Skegness
Course Objectives

- Understanding visual impairment - exploring common eye conditions and their effects
- To be able to identify barriers for colleagues, clients and customers with visual impairment
- Awareness of lifestyle changes for the visually impaired
- An understanding of benefits available for the visually impaired e.g. free driving licence
- To be familiar with etiquette and guiding
- To be confident in working with people with a visual impairment
- Be able to offer practical solutions and improve access to services for the visually impaired
- Interactive session with quizzes, role-plays and group discussions

“Very well received. For most, it was a learning experience actually interacting and working with a person who is visually impaired.

Nothing but good reports – thanks again”

Mike Calladine, Training Officer, Gedling Borough Council
There are over 9 million people registered as hearing-impaired in the UK today.

Course Objectives

- Identify the barriers that deaf and hard of hearing people face
- List the ways in which deaf and hard of hearing people communicate
- Understand and demonstrate how to implement positive methods of communication, and offer an equal service to deaf and hard of hearing people.
- Recognise basic everyday signs (Good morning/afternoon, do you need any help? what is your name? please, thank you, let me help you)
- Apply the finger-spelling alphabet
- Explore deaf community & culture

“I attended a course in Brighton yesterday run by Signs4Life and just wanted to say it was one of the best courses I have been in a long time, very informative with a lot of practical help.”

Bel Newbound, Facilities Manager, Sussex NHS Foundation Trust

“I would just like to say how much I enjoyed yesterday afternoon – it certainly opened my eyes to a lot of things. The course was thoroughly enjoyable. Please pass on my thanks to Mary”

Andy Curtis, Torbay Housing Association
Deafblind Awareness

Signs4Life is an approved centre with the awarding body Signature for the Level 1 Award in Deaf Awareness and Communication.

Course Objectives

- Types of deafness and deafblind
- Deaf and deaf blind peoples preferred communication methods
- Acceptable Terminology
- Society’s Attitudes towards deafness
- How to avoid difficulties that affect deaf and deaf blind peoples access to services
- Technical Aids
- National organisations working with deaf and deafblind people
- Interactive session with quizzes, role-plays and group discussions

“Hi Fozia, it was fantastic. We all loved it and we learned so much. Need to practice though!”

Clare Stone, St Giles School, Milton Keynes
This is a 10-week accredited course to aid communication which can also be tailored to your organizations needs.

Course Objectives

- Identify the barriers that deaf and hard of hearing people face
- Understand and demonstrate how to implement positive methods of communication, and offer an equal service to deaf and hard of hearing people.
- Sign Language – meeting people, using numbers, weather, transport, directions
- Vocabulary based around the type of work that you do – emergency staff, retail, leisure, care & housing

“We have over 4000 staff at the Swindon sorting office, some of whom are deaf or hearing impaired. We found this course extremely useful for both our managers and the staff who needed the extra support from us. We looked forward to seeing Adrienne our tutor every week.”

Sandy Best, Royal Mail Manager, Swindon
Makaton is a language programme designed to provide a means of communication to individuals who cannot communicate efficiently by speaking. The name is a blend of the names of the three people who devised it: speech therapist Margaret Walker, and two psychiatric hospital visitors from the Royal Association for Deaf people named Katharine Johnston and Tony Cornforth. All tutors are registered and trained with The Makaton Charity.

Course Objectives

- What is Makaton
- Understanding of early communication skills
- Use and purpose of Makaton
- Makaton Signs & Symbols
- How to Apply Makaton
- Alternative forms of communication
- Group Practice

“The morning session was great. Very interesting and informative. A view shared by our health and social care students. Thankyou Fozia!”

Michelle O’Connor, Hillingdon School, London
Welcome to the wonderful world of signing with babies. It’s never too early to begin signing with your baby. The gift of signing helps your baby to communicate well before he or she has the verbal abilities to do so. This can make a years worth of difference, or maybe even more in your child’s development and give you a head start in understanding your baby’s wants, needs and interests. Signing bridges the ‘I know what I want but can’t say it yet’ gap.

Signing also helps children learn that there is more to communication than just speech. It teaches them that hand gestures, body movements and facial expressions can also serve as communication tools even when not accompanied by spoken words. Signing babies have been shown to go onto speak earlier, have wider vocabularies and even have higher IQ’s than non-signing babies.

Signs4Life baby signing classes are fun and lively. Come and learn to sign with your baby and enjoy quality time together! Our classes specially appeal to baby’s upto 30 months old.

Do not worry if you have never signed before, this will be the same for many others in the class and the signs are introduced step by step through music and play. Please get in touch to discuss your requirements.
A workshop aimed to increase understanding of what is Asperger’s syndrome, what it is not and how it will affect an individual

Course Objectives

- What is Asperger’s Syndrome?
- Language/communication
- Stereotypic and other behaviour
- Social interaction
- Learning characteristics
- Impairment or asset?
- Practical Interventions
- Current research
- Opportunities to ask questions, take part in activities & discussions

“Thankyou for organizing this for our carers, everyone felt it was a great morning and are looking forward to the next course with you!”

Wendy Turner, Families Together, Cheshire
Course Objectives

- Definition of Dyslexia
- The impact of Dyslexia
- Common Issues around Dyslexia
- Understanding and supporting people with Dyslexia
- The rights of people with Dyslexia
- Group Discussions, case studies and role-plays

“We felt we really benefited from your workshop, the staff together with our SEN co-ordinator now feel they can better support each other in helping our pupils who are Dyslexic.”

Hazel Reeves, St Peters School, Harrogate

Signs4Life also offer education workshops in Autism and Downs Syndrome
This course has been developed by the National Institute for Mental Health in England.

The course focuses on developing practical skills for crisis intervention. It isn’t aimed at making people therapists, but at providing help in an emergency, before professional help can be obtained. This makes it ideal for people managing staff, or interacting with the public.

Course Objectives

- Causes, signs and symptoms of common mental health problems
- Depression, overdoses and suicide
- Alcohol, drugs and anxiety disorders
- What are psychotic disorders
- Tutors registered, licensed and trained by Mental Health First Aid England
- Opportunities to ask questions, take part in activities & discussions

“We feel we can better manage staff and service users with mental health needs. Teresa was really informative and drew on her own life experiences which we found really helpful. Thankyou again.”

Jacqueline Allen, Norfolk & Waveney Mental Health Trust
Why Choose Signs4Life

• We are an award winning deaf, equality, diversity & disability training consultancy
• We are a small niche specialist company who have highly qualified and experienced staff who can meet your individuals needs
• We are professional, and have a track record of working to peoples timescales, budgets and specific requirements
• We can tailor most of our courses to your particular needs
• We are flexible, able to work evenings and weekends too
• We are 100% reliable
Contact Us
To book or find out more information please contact us:

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